







Gateway- Longview

September 2023

Breakfast Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|---|
|  |  |  |  |  |
|  | 5 Staff Development Day | 6 Croissant Breakfast Sand ----- 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup ----- Milk -8oz | 7 Bagel with Yogurt ----- 100% Fruit Juice ½ Cup or prepared Fruit ½ Cup ----- Milk-8 Oz | 8 Blueberry Muffins ----- 100% Fruit Juice ½ Cup or prepared Fruit ½ Cup ----- Milk-8 Oz |
| 11 Maple Waffles ----- 100% Fruit Juice ½ Cup or prepared Fruit ½ Cup ----- Milk-8oz | 12 Cinni mini ----- 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup ----- Milk-8oz | 13 Croissant Breakfast Sand ----- 100% Fruit Juice ½ Cup or prepared Fruit ½ Cup ----- Milk-8oz | 14 Bagel With Yogurt ----- 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup ----- Milk -8oz | 15 Assorted WG Muffin ----- 100% Fruit Juice ½ Cup or prepared Fruit ½ Cup ----- Milk-8oz |
| 18 French Toast Sticks ----- 100% fruit Juice ½ Cup Or Prepared Fruit ----- Milk- 8 oz. | 19 Maple Pancakes ----- 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup ----- Milk-8oz | 20 Croissant Breakfast Sand ----- 100% Fruit Juice ½ Cup or prepared Fruit ½ Cup ----- Milk-8oz | 21 WG Pop Tarts ----- 100% Fruit Juice ½ Cup or prepared Fruit ½ Cup ----- Milk-8oz | 22 Cinnamon Roll ----- 100% fruit Juice ½ Cup Or Prepared Fruit ½ Cup ----- Milk -8oz |
| 25 Fall Recess | 26 WG Pop Tarts ----- 100% Fruit Juice ½ Cup or prepared Fruit ½ Cup ----- Milk-8oz | 27 Breakfast Pizza ----- 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup ----- Milk -8oz | 28 Breakfast Breaks ----- 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup ----- Milk -8oz | 29 Blueberry Muffin/Yogurt ----- 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup ----- Milk -8oz |

Breakfast Options Daily
2 Grain Assorted Cereal Cups
or
Whole Grain Bagels
Offered with all Breakfasts
*Whole Grain (WG) Entrees
*Daily Selection or Fresh &
Prepared Fruit or 100% juice -
1/2 cup servings may take 1
cup

*NY State 1%, FF White
available Daily

