



NYS Apples  
 NYS Corn  
 NYS Cucumber  
 NYS Roma Tomatoes

# September 2024



## Lunch Gateway-Longview



Monday	Tuesday	Wednesday	Thursday	Friday
	No School	4 Chicken Nugget Caesar Salad	5 Cheeseburger	6 Buffalo Chicken Pizza
		Broccoli 1/2c Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Green Beans 1/2c Fresh Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	French Fries 1/2c Baked Beans 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
9 Chicken Patty Sand	10 Hot Dog on a Bun	11 Chicken Dippers with Honey Mustard	12 Nacho Grande	13 Pepperoni Pizza
Mixed Vegetables 1/2c Broccoli 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Baked Beans 1/2c Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Steamed Carrots 3/4c Peas 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Sliced Green Peppers 1/2c Green Beans 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Sweet Potatoes 1/2c 1c Romaine Lettuce= 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
16 Turkey Dogs	17 Meat and Cheese Burritos	18 BBQ Chicken Sandwich	19 Turkey Melt on a Croissant	20 Chef's Choice Pizza
French Fries 1/2c Peas 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Mixed Vegetables 1/2c Green Beans 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Black Beans 1/2c Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	NYS Cucumbers 1/2c Fresh Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	1c Romaine Lettuce=1/2c NYS Roma Tomatoes 1/2 Green Beans 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
23 Tailgate Burgers! Sidekick Frozen Juice!	24 Chicken Patty Club	25 BBQ Meatballs Over Rice	26 Chicken Dippers	27 Veggie Pizza
Steamed Carrots 3/4c Baked Beans 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Fresh carrot & celery sticks 1/2c Green Beans Fresh or Prepared Fruit 1/2c Milk-8oz	Broccoli 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	1c Romaine Lettuce=1/2c NYS Corn 1pc Fresh or Prepared Fruit 1/2c Milk-8oz	NYS Roma Tomatoes 1/2c Mixed Vegetables Fresh or Prepared Fruit 1/2c Milk-8oz
30 Pepper jack Cheeseburger				
Black Beans 1/2c Fresh Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz				

**NYS LOCAL FOODS**  
 \*Upstate Farms  
 Milk, Yogurt, Sour Cream  
 Assorted Varieties of Apples  
 Eden Valley Growers  
 Assorted Fruits & Vegetables  
used in Meal Program  
highlighted in green

**The Following Entrees Served Daily:**

6" Subs (2M2G)- Tuesday

Julienne and Specialty Salads (Includes Roll) 2M2G

Peanut Butter & Jelly Sandwich (2M2G)

Pizza- Fridays

**Offered daily with all School Lunches:**

Fresh or Prepared Fruit  
 (Must take 1/2 cup of Fruit or Vegetable - may take up to 1 cup)

NYS State 8oz 1% or Skim White Milk  
 Fat Free Chocolate Milk

All Meals are Free for Stu-

If you has a particular food allergy, please contact the health service office and foodservice  
 (716)783.3100