



FOOD SERVICE

Fresh or Prepared Fruit 100% juice -1/2 cup may take up to 1 cup

*NY State Non-Fat or 1% White Milk

8oz

| Monday | Tuesday | Wednesday | Thursday | Friday | NYS LOCAL FOODS |
|---|---|---|---|---|--|
| 2 Cooper Street Bars | 3 Pancakes | 4 Breakfast Sandwich | 5 Bagel with Yogurt | 6 Cinnamon Roll | *Upstate Farms Milk, Yogurt, Sour Cream Eden Valley Growers Assorted Varieties of Apples Eden Valley Growers Assorted Fruits & Vegetables <u>used in Meal Program</u> <u>highlighted in green</u> |
| 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz | 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz | 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz | 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz | 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz | |
| 9 Maple Waffles | 10 Apple Frudel | 11 Breakfast Sandwich | 12 Bagel With Yogurt | 13 Muffins | |
| Fresh or Prepared Fruit 1/2c Milk-8oz | 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz | Fresh or Prepared Fruit 1/2c Milk-8oz | 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz | Fresh or Prepared Fruit 1/2c Milk-8oz | For Information for Sum- mer Meals Please Visit <u>Www.Summer-</u> <u>mealsny.Org</u> Or Call 211 or 866-3-HUNGRY. |
| 16 French Toast | 17 Cooper Street Bars | 18 Breakfast Sandwich | 19 No School | 20 Muffins | |
| 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz | 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz | 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz | | 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz | Breakfast Options Daily |
| 23 Pancakes | 24 Cinnamon Roll | 25 Breakfast Sandwich | | | *Daily Entrée-1 (2g) or |
| 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz | 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz | 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz | | | *Cereal 2oz (2G) |
| | | | | | *WG Bagels |
| | | | | | <u>Offered with all Breakfasts</u> *Whole Grain (WG) Entrees *Daily Selection of |

Approved by PTFS Dietitian: Perry Schmidt, MS, RD, CDN

June

-

2025

K-12

Harvest

Month

NYS Apples

If your student has a particular food allergy, please contact the Health Service office and foodservice 783.3100 All Meals are Free for Students