



LUNCH

JANUARY 2024

Gateway-Longview



NYS Potatoes
NYS Cabbage
NYS Apples

Personal Touch

FOOD SERVICE

Menu is subject to change.

NYS LOCAL FOODS

**Upstate Farms Dairy
-milk, yogurt, sour cream
*LynOaken Farms Apples
*Local Farm Vegetables and Fruit
used in Meal Program
highlighted in green*

In addition to the Entrée of the Day,
we also serve the following items

Assorted Pizza- Friday
6" Subs(2M2G)- Tuesday

Julienne Salads
(Includes Dinner Roll) 2M2G

Peanut Butter & Jelly Sandwich (2M2G)

Offered daily
with all School Lunches:
Fresh or Prepared Fruit
(Must take 1/2 cup of Fruit or Vegetable –
may take up to 1 cup)

**NY State Non or Low Fat
White or
Non Fat Chocolate Milk 8oz**

If your son has a particular food allergy, please contact the food service office and Health Services Office 783.3100

Monday	Tuesday	Wednesday	Thursday	Friday
1	2 Meatball Mac and Cheese ----- Black Bean Salad 1/2 C Corn 1/2C NYS Apple -1 Piece Milk-8oz	3 Chicken Nugget Caesar Salad ----- Broccoli 1/2C Fresh Baby Carrots 3/4C Fruit 1/2C Milk-8oz	4 Cheeseburger ----- Green Beans 1/2C Cucumber slices 1/2C Fresh Fruit 1 piece Milk-8oz	5 Buffalo Chicken Pizza ----- Carrots 1/2C French fries 1/2C Fruit 1/2C Milk-8oz
8 Chicken Patty Sand ----- Baked Beans 1/2C 1C Romaine Salad=1/2C Fruit 1/2C Milk-8oz	9 Nacho Grande ----- Corn 1/2C Diced Tomatoes 3/4C Fruit 1/2c Milk -8oz	10 BBQ Chicken Dippers ----- Steamed Broccoli 1/2C Carrot Sticks 1/2c Fresh Fruit-1Piece Milk-8oz	11 Hot Dog on a Bun ----- NYS Cole Slaw 1/2C French Fries 1/2C NYS Apple-1Piece Milk-8oz	12 Pepperoni Pizza ----- Broccoli 1/2C Mixed Vegetables 1/2C Fruit 1/2C Milk-8oz
15 	16 Meat and Cheese Burritos ----- Black Bean Salad 1/2 C Corn 1/2C NYS Apple -1 Piece Milk-8oz	17 BBQ Chicken Sandwich ----- Peas 1/2C Baby Carrots 1/2C Fruit 1/2C Milk-8oz	18 Meatball Bomber ----- NYS Steamed Cabbage 1/2C Green Beans 1/2C Fresh Fruit -1 Piece Milk -8oz	19 Chef's Choice Pizza ----- Steamed Broccoli 1/2C Maple Glazed Carrots 3/4C Fruit 1/2C Milk-8oz
22 Hamburger on a Bun ----- Baked Beans 1/2C Green Beans 1/2c Fruit 1/2c Milk-8oz	23 Chicken Patty Club ----- Carrots 3/4C Corn 1/2C Fruit 1/2c Milk-8oz	24 BBQ Meatballs Over Rice ----- Broccoli 1/2C NYS Apple -1 piece Milk-8oz	25 <u>Opposite Day Breakfast for Lunch</u> French Toast Sticks Sausage ----- Roasted Red Potato Wedges 3/4C Sweet Potatoes 1/2C Juice Rush=1/2C Fruit Milk-8oz	26 Veggie Pizza ----- Fresh Pepper Slices 1/2C 1C Romaine Salad=1/2C Fruit 1/2C Milk-8oz
29 Cheeseburger ----- Broccoli 1/2C Baby Carrots 1/2C Fruit 1/2C Milk-8oz	30 Meat and Cheese Burritos ----- Corn 1/2C Black Bean Salad 1/2 C NYS Apple -1 Piece Milk-8oz	31 Hot Dogs ----- Carrots 1/2C Green beans 1/2C Fruit 1/2c Milk-8oz		