

Gateway Longview

K - 12

Breakfast Menu

Menu is subject to change.

January 2022



Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Maple Pancakes Or Cereal with ½ Bagel</p> <p>Chilled 100% Juice Cup Fresh or Prepared Fruit</p> <p>Non or Low Fat Milk</p>	<p>4</p> <p>Minicinni Or Cereal with a ½ Bagel</p> <p>Chilled 100% Juice Cup Fresh or Prepared Fruit</p> <p>Non or Low Fat Milk</p>	<p>5</p> <p>Scrambled Eggs and Sausage Or Assorted Cereal with a ½ Bagel</p> <p>Chilled 100% Juice Cup Fresh or Prepared Fruit</p> <p>Non or Low Fat Milk</p>	<p>6</p> <p>Breakfast Breaks Or Assorted Cereal with a ½ Bagel</p> <p>Chilled 100% Juice Cup Fresh or Prepared Fruit</p> <p>Non or Low Fat Milk</p>	<p>7</p> <p>WG Muffin/Yogurt Or Cereal with a ½ Bagel</p> <p>Chilled 100% Juice Cup Fresh or Prepared Fruit</p> <p>Non or Low Fat Milk</p>
<p>10</p> <p>Waffles Or Cereal with ½ Bagel</p> <p>Chilled 100% Juice Cup Fresh or Prepared Fruit</p> <p>Non or Low Fat Milk</p>	<p>11</p> <p>Ultimate Breakfast Round Or Cereal with ½ Bagel</p> <p>Chilled 100% Juice Cup Fresh or Prepared Fruit</p> <p>Non or Low Fat Milk</p>	<p>12</p> <p>Croissant Breakfast Sandwich Or Assorted Cereal with ½ Bagel</p> <p>Chilled 100% Juice Cup Fresh or Prepared Fruit</p> <p>Non or Low Fat Milk</p>	<p>13</p> <p>Bagel with Yogurt Or Assorted Cereal with ½ Bagel</p> <p>Chilled 100% Juice Cup Fresh or Prepared Fruit</p> <p>Non or Low Fat Milk</p>	<p>14</p> <p>Hardboiled Egg with a Muffin Or Assorted Cereal ½ Bagel</p> <p>Chilled 100% Juice Cup Fresh or Prepared Fruit</p> <p>Non or Low Fat Milk</p>
	<p>18</p> <p>Pancakes Or Assorted Cereal with ½ Bagel</p> <p>Chilled 100% Juice Cup Fresh or Prepared Fruit</p> <p>Non or Low Fat Milk</p>	<p>19</p> <p>Scrambled Eggs and Sausage Cereal with ½ Bagel</p> <p>Chilled 100% Juice Cup Fresh or Prepared Fruit</p> <p>Non or Low Fat Milk</p>	<p>20</p> <p>Bagel with Yogurt Or Assorted Cereal with ½ Bagel</p> <p>Chilled 100% Juice Cup Fresh or Prepared Fruit</p> <p>Non or Low Fat Milk</p>	<p>21</p> <p>Oatmeal with Cinnamon Or Assorted Cereal ½ Bagel</p> <p>Chilled 100% Juice Cup Fresh or Prepared Fruit</p> <p>Non or Low Fat Milk</p>
<p>24</p> <p>Waffles Or Cereal with a ½ Bagel</p> <p>Chilled 100% Juice Cup Fresh or Prepared Fruit</p> <p>Non or Low Fat Milk</p>	<p>25</p> <p>Minicinni Or Cereal with a ½ Bagel</p> <p>Chilled 100% Juice Cup Fresh or Prepared Fruit</p> <p>Non or Low Fat Milk</p>	<p>26</p> <p>Breakfast Sand. Or Cereal with a ½ Bagel</p> <p>Chilled 100% Juice Cup Fresh or Prepared Fruit</p> <p>Non or Low Fat Milk</p>	<p>27</p> <p>Bagel With Yogurt Or Cereal with a ½ Bagel</p> <p>Chilled 100% Juice Cup Fresh or Prepared Fruit</p> <p>Non or Low Fat Milk</p>	<p>28</p> <p>Assorted WG Muffin/ Yogurt Or Cereal with a ½ Bagel</p> <p>Chilled 100% Juice Cup Fresh or Prepared Fruit</p> <p>Non or Low Fat Milk</p>
<p>31</p> <p>French Toast Sticks Assorted Cereal with a ½ Bagel</p> <p>Chilled 100% Juice Cup Fresh or Prepared Fruit</p> <p>Non or Low Fat Milk</p>				

For a Complete Breakfast

**Please select one item
from each section**

Choose one Entrée

Entrée of the Day

Or

Assorted Cereal

Choose one of the following fruit items

Assorted Juice

Assorted Fresh Fruit

Assorted Prepared Fruit

Choose one of the following Milks

1% White Milk

Fat Free White Milk

Breakfast Choices Offered Daily

Whole Grain Bagels