




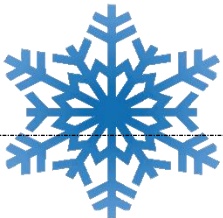
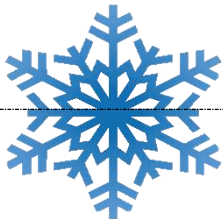
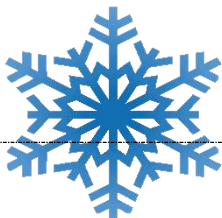

NYS Apples

# February 2025 K-12



# Breakfast Gateway-



Monday	Tuesday	Wednesday	Thursday	Friday
3 Pancakes	4 Pop Tarts	5 Breakfast Sandwich	6 Breakfast Breaks	7 Muffin/Yogurt
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
10 Maple Waffles	11 Ultimate Breakfast Round	12 Breakfast Sandwich	13 Bagel with Yogurt	14 Muffin/Yogurt
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
17 	18 	19 	20 	21 
24 Maple Waffles	25 Apple Frudel	26 Breakfast Sandwich	27 Bagel With Yogurt	28 Muffin/ Yogurt
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz

**NYS LOCAL FOODS**  
 \*Upstate Farms  
 Milk, Yogurt, Sour Cream  
 Preston Farms  
 Assorted Varieties of Apples  
 Eden Valley Growers  
 Assorted Fruits & Vegetables  
 used in Meal Program  
 highlighted in green

**Breakfast Options Daily**

\*Daily Entrée-1 (2g) or

\*Cereal 2oz (2G)

\*WG Bagel (2G)

Offered with all Breakfasts

\*Whole Grain (WG) Entrees

\*Daily Selection of

Fresh or Prepared Fruit

100% juice -1/2 cup  
 may take up to 1 cup

\*NY State Non-Fat or 1% White Milk  
 8oz

If your child has a particular food allergy, please contact the Health Services Office and foodservice @ 783.3100

All Meals are Free for Students