Harvest of the Month — Growing Healthy Students

NYS Apples
NYS Chips
NYS Apple Slices

LUNCH

APRIL 2024

Gateway-Longview

FARM TO SCHOOL

Personal Touch FOOD SERVICE

Menu is subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
1 No School	**2** No School	**3** No School	**4** No School	**5** No School
8 No School	**9** Meat and Cheese Burritos Corn 1/2C Seasoned Tomatoes 1/2C Fruit 1/2c Milk -8oz	**10** Turkey Dogs Steamed Broccoli 1/2C Peas 1/2C NYS Apple-1Piece Milk-8oz	**11** Popcorn Chicken with Honey Mustard Dipping Sauce Cauliflower 1/2C Carrots 3/4C NY Apple Milk-8oz	**12** Pepperoni Pizza Baby Carrots 3/4 C 1C Romaine Salad=1/2C Fresh Fruit 1 piece Milk-8oz
15 BBQ Beef Sandwich Sweet Potatoes 3/4C Green Beans 1/2C Fruit 1/2C Milk-8oz	**16** Meatball Mac and Cheese Black Bean Salad 1/2 C Corn 1/2C Fruit -1 Piece Milk-8oz	**17** Chicken Nuggets Baby Carrots 1/2C Mashed Potato 1/2C Fruit 1/2C Milk-8oz	**18** Cheeseburger NYS Chips 1/2C NYS 1C Romaine Salad=1/2C Apple -1 Piece Milk -8oz	**19** Buffalo Chicken Pizza Steamed Broccoli 1/2C Mixed Vegetables 1/2C Fruit 1/2c Milk-8oz
22 Chicken Patty Sandwich Green Beans 1/2C Carrots 3/4C Fresh Fruit -1 Piece Milk -8oz	**23** Hot Dog on a Bun Corn 1/2C Peas 1/2C Fruit 1/2C Milk-8oz	**24** BBQ Chicken Dippers Baked beans 1/2C Mixed Vegetables 1/2C Fruit 1/2C Milk-8oz	**25** Spaghetti and Meat Sauce Steamed Broccoli 1/2C Cauliflower 1/2C NYS Apple -1Piece Milk-8oz	**26** National Pretzel Day Pepperoni Pizza Soft Pretzel Baby Carrots 1/2C 1C Romaine Salad=1/2C Fresh Fruit 1 piece Milk-8oz
29 Grilled Turkey and Cheese Broccoli 1/2C Maple Glazed Carrots 3/4C Fruit 1/2C Milk-8oz	**30** Meat and Cheese Burritos Corn 1/2C Black Bean Salad 1/2 C Fresh Fruit- 1 Piece Milk-8oz			

NYS LOCAL FOODS
****Upstate Farms Dairy -milk, yogurt, sour cream***
****LynOaken Farms Apples***
****Local Farm Vegetables and Fruit***
Items used in Meal Program highlighted in green

In addition to the Entrée of the Day, we also serve the following Items:

6" Subs- Tuesday (2M2G)

Salads (Includes Dinner Roll) 2M2G
Pepperoni and Cheese Pizza (2M2G)- Friday

Peanut Butter & Jelly Sandwich (2M2G)

Offered daily with all School Lunches:
Fresh or Prepared Fruit
(Must take ½ cup of Fruit or Vegetable – may take up to 1 cup)

NY State 8oz Non or Low Fat White or Non Fat Chocolate Milk

If your Son or Daughter has a particular food allergy, please contact the Health Services Office and food service 783.3100