



NYS Apples  
NYS Carrots  
NYS Beets  
NYS Parsnips

# January 2025



# Lunch Gateway-Longview



Monday	Tuesday	Wednesday	Thursday	Friday
<b>Happy New Year 2025</b>				
6 Cheeseburger	7 Chicken Patty Club	8 BBQ Meatballs Over Rice	9 Chicken Tenders	10 Veggie Pizza
Steamed Carrots 3/4c Vegetarian Beans 1/2c Fresh or Prepared Fruit 1/2c <i>Milk-8oz</i>	Peas 1/2c Mixed Vegetables 1/2c Fresh or Prepared Fruit 1/2c <i>Milk-8oz</i>	Grape Tomato Salad 1/2c Green Beans 1/2c Fresh or Prepared Fruit 1/2c <i>Milk-8oz</i>	Corn 1/2c <i>NY Steamed Beets 1/2c</i> Fresh or Prepared Fruit 1/2c <i>Milk-8oz</i>	1c Romaine = 1/2c Broccoli 1/2c Fresh or Prepared Fruit 1/2c <i>Milk-8oz</i>
13 Turkey Melt on a Croissant	14 Meat and Cheese Burritos	15 <b>National Strawberry Ice Cream Day</b> French Toast Sticks Sausage	16 Popcorn Chicken	17 Pepperoni Pizza
Mixed Vegetables 1/2c Glazed Carrots 3/4c Fresh or Prepared Fruit 1/2c <i>Milk-8oz</i>	Steamed Corn 1/2c Black Beans 1/2c Fresh or Prepared Fruit 1/2c <i>Milk-8oz</i>	<b>Strawberry Ice Cream Cups</b> Fresh or Prepared Fruit 1/2c <i>Milk-8oz</i>	<i>NYS Carrots 1/2c</i> 1C Romaine Salad = 1/2c Fresh or Prepared Fruit 1/2c <i>Milk-8oz</i>	Celery Sticks 1/2c Steamed Broccoli 1/2c Fresh or Prepared Fruit 1/2c <i>Milk-8oz</i>
20 	21 Meatball Mac and Cheese	22 Chicken Nuggets	23 Cheeseburger	24 Buffalo Chicken Pizza
	Cucumber Slices 1/2c Green Beans 1/2c Fresh or Prepared Fruit 1/2c <i>Milk-8oz</i>	BBQ Baked Beans 1/2c Steamed Carrots 1/2c Fresh or Prepared Fruit 1/2c <i>Milk-8oz</i>	<i>NYS Carrots 1/2c</i> 1C Romaine Salad = 1/2c Fresh or Prepared Fruit 1/2c <i>Milk-8oz</i>	Roasted Potatoes 1/2c Sweet Corn 1/2c Fresh or Prepared Fruit 1/2c <i>Milk-8oz</i>
27 Chicken Patty Sand	28 Hot Dog on a Bun	29 Cajun Chicken Strips Over Rice	30 Nacho Grande	31 Pepperoni Pizza
Vegetarian Beans 1/2c Baby Carrots 1/2c Fresh or Prepared Fruit 1/2c <i>Milk-8oz</i>	Cauliflower 1/2c Steamed Corn 1/2c Fresh or Prepared Fruit 1/2c <i>Milk-8oz</i>	Broccoli 1/2c Steamed Carrots 3/4c Fresh or Prepared Fruit 1/2c <i>Milk-8oz</i>	Green Beans 1/2c <i>Root Vegetables with Parsnips 1/2c</i> Fresh or Prepared Fruit 1/2c <i>Milk-8oz</i>	1C Romaine Lettuce=1/2c Peas 1/2c Fresh or Prepared Fruit 1/2c <i>Milk-8oz</i>

**NYS LOCAL FOODS**  
\*Upstate Farms  
Milk, Yogurt, Sour Cream  
Preston Farms  
Assorted Varieties of Apples  
Eden Valley Growers  
Assorted Fruits & Vegetables  
*used in Meal Program highlighted in green*

**The Following Entrees Served Daily:**  
  
6" Subs (2M2G)-Tuesday  
  
Julienne and Specialty Salads (Includes Dinner Roll) 2M2G  
  
Peanut Butter & Jelly Sandwich (2M2G)  
  
Pizza- Fridays

**Offered daily with all School Lunches:**  
**Fresh or Prepared Fruit**  
(Must take 1/2 cup of Fruit or Vegetable – may take up to 1 cup)  
  
*NYS State 8oz 1% or Skim White Milk*  
*Fat Free Chocolate Milk*

If your son/daughter has a particular food allergy, please contact the Health Service and foodservice @ 783.3100

**All Meals are Free for Stu-**